



2nd March 2026

Dear Parent/Carer,

PE Uniform and Jewellery Policy

I am writing to thank you for your continued support in reinforcing the school's expectations for PE uniform and jewellery following my letter in the final week of last term.

Since that communication, we have seen a marked reduction in the amount of jewellery being worn on timetabled PE days. This has had a clear and positive impact on lesson safety and has ensured that students are able to maximise their activity time.

I would also like to thank those parents/carers who completed the Student Piercing Information Form. Your cooperation is appreciated and enables us to apply our policy consistently and fairly.

I would like to take this opportunity to reiterate the school's expectations regarding **PE uniform and jewellery**. Meeting these expectations is essential to ensure student safety, maximise learning time, and maintain high standards across the school.

Wearing PE kit to school

Students are only permitted to attend school in PE kit if they:

- Have a timetabled **core PE lesson**
- Have a timetabled **GCSE PE practical lesson**
- Are a **Sports Leader** supporting lunchtime activities or inter-community competitions

Students must **not** attend school in PE kit when representing the school in a sports fixture or when attending a lunchtime or after-school club. Time is allocated for students to change into kit as required.

Any student wearing PE kit outside the approved times will be sent to the **Refocus Room**. They will remain there until they are in full school uniform, either by returning home to change or by having their uniform brought into school by a parent/carer.

Jewellery and Piercings

On days when students have a timetabled PE lesson or are carrying out their role as a Sports Leader, **no jewellery of any kind may be worn**. The only exception is a watch, which must be removed before the lesson begins but may be worn again afterwards.

This policy is in place to ensure PE lessons are as safe as possible, maximise activity time, and prevent the risk of jewellery causing injury or becoming lost.

Please be aware that **taped earrings or piercings are no longer permitted**. Taping does not prevent earrings from getting caught on clothing or equipment and is now recognised as a health and safety concern. Additionally, tape can become loose during physical activity, creating litter.

Students wishing to have piercings must do so during school holiday periods to allow sufficient time for healing.

PE Kit Requirements

- Jogging bottoms, leggings, shorts or skorts must be **plain black**, with logos no larger than **5cm**. Excessively baggy styles and large logos are not suitable for PE activities.
- Footwear must be **appropriate for physical activity**, offering adequate ankle support and cushioning. Shoes intended for fashion purposes are not permitted.
- Socks must be **black, grey, red or white** and without extra padding or texture.
- A **black** base layer may be worn underneath PE tops.

If Uniform Expectations are Not Met

Where students do not meet PE uniform expectations, the following actions may be taken:

- With consent, students may be sent home to change into correct school uniform.
- Parents/carers may be contacted and asked to bring correct uniform into school.
- Where available, the school may loan uniform for the day.
- Students who are unable to meet uniform expectations will spend the day in the **Refocus Room** until the correct school uniform is worn.

Thank you for your continued support in helping us maintain high standards and ensure a safe, purposeful PE environment for all students.

If you have any questions, please contact me on jsoper@maidenhill.gloucs.sch.uk or via our main reception.

Kind regards,



Mr J Soper
Head of PE

Head Teacher: Mr A Hunter

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