**Coronavirus (COVID-19) advice and support for parents and carers**

Whether you're working from home with your children for the first time or supporting a child with anxiety due to coronavirus, we've got tips and advice for you.

There are a number of resources to support you during this difficult time. Topics include:

* Talking to a child worried about coronavirus
* Parents working from home
* Children staying home alone
* Lockdown and separated parents
* How to cope with tantrums and other difficult behaviour

The advice can be found on the NSPCC website here:

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-suppport-children-families-parents/>